

# Radiofrequency Microneedling Pixel8-RF Consent Form

The purpose of this informed consent form is to provide written information regarding the risks and potential adverse outcomes relating to the procedure named above. This material serves as a supplement to the discussion you have with your provider. It is important that you fully understand this information, so please read this document thoroughly. If you have any questions regarding the procedure, please address your concerns with your provider at the time of your consultation.

## What is Radiofrequency Microneedling?

This procedure involves insertion of fine electrodes mechanically into the skin followed by the discharge of small amount of radio frequency energy at the desired depth. This procedure leads to the stimulation of new collagen production and restructuring of old collagen bundles in the skin. Multiple sessions may be required and your skin may continue to improve till 3 months – 6 months after a treatment.

Intended benefits RF Microneedling include but are not limited to the reduction of acne scars, other scars, photo ageing, stretch marks, skin laxity, improvement of skin texture, wrinkles and fine lines.

It should be understood that all procedures carry certain risks. The potential risks and complications from this type of procedure include but are not limited to:

**Pain:** The stinging or burning sensation from the procedure can produce a moderate amount of discomfort. An anaesthetic cream, local anaesthesia injections and cool air jet will typically be used to minimise discomfort.

**Redness and Swelling:** Redness and swelling typical of a bad sunburn can occur in treated area. The redness and swelling will typically subside in 1 to 7 days, but could last longer. The effects can be minimised with the application of cool compresses if required.

**Skin Darkening/Lightening:** Darkening of the skin (**hyperpigmentation**) rarely occurs in the treated areas and will usually fade within 1 to 6 months. This reaction is more common when treated areas are exposed to the sun. **Hypopigmentation** or light spots can appear as a delayed response to treatment. Pale areas can darken or re-pigment in several months, but it could be permanent. It is extremely important to protect the treated area from sun exposure with a hat and sunscreen for 6 weeks after treatment and carefully adhere to all post-treatment instructions.

**Infection:** Bacterial, viral or fungal infections can occur post procedure. Infections can cause redness and swelling and resolve or progress into cellulitis requiring treatment. RF Microneedling could trigger a recurrence of cold sores (Herpes simplex infections) or acne form eruptions which may require treatment. These problems may resolve in time, but medical intervention may be required in some cases, and long-term effects may persist in rare cases.

**Additionally:** As with all treatments, the precise degree of improvement cannot be guaranteed. The outcome's subjective nature may mean expectations are not met, this is a possible outcome regardless of effectiveness of treatment. It should be understood that the effect of all treatments may gradually wear off and additional treatments may be necessary to acquire the desired effect, and further charges will apply if more treatments are required. Obvious results are normally seen after just 1-treatment. However to help achieve the maximum benefit a 3-treatment series is suggested with each treatment 4-weeks apart.

## ACKNOWLEDGMENT:

My questions regarding the procedure have been answered satisfactorily. I understand the procedure and accept the risks. I hereby release \_\_\_\_\_ (individual) and Facial Techniques (facility) and \_\_\_\_\_ (doctor) from all liabilities associated with the above indicated procedure.

**Patient Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

Witness Name (print) \_\_\_\_\_ Witness Signature \_\_\_\_\_ Date \_\_\_\_\_

Physician Name (print) \_\_\_\_\_ Physician Signature \_\_\_\_\_ Date \_\_\_\_\_