

POST CLEAR & BRILLIANT CARE

- The number of treatments is tailored to your concerns and skin care desires. Many clients choose to have routine treatments as part of their overall skincare regimen. We will discuss a personalized treatment regimen with you.
- There may be some redness and inflammation right after the treatment, but this generally is resolved within a few hours to one day. There is no downtime.
- You can resume your normal activities immediately
- It is important that you apply a good sun block immediately after the procedure. Keep the skin clean and moisturized.
- Anti-inflammatory creams or cold compresses may be used as necessary
- Trauma such as scratching or picking the treated area should be avoided.
- Although some peeling may occur in the treated areas, moisturizer should help minimize this effect.
- Avoid staying in the sun for at least **10 days** after the treatment to prevent UV rays from damaging your skin which slows down the recovery.
- You may continue to use your normal products.
- Clients who absolutely cannot avoid sun exposure should use a broad-spectrum sunscreen with an SPF of 30 or higher.
- Use a gentle cleanser and the exfoliating pad, provided by our office, starting on night 2 and resume for the next 7-10 days.
- Listen to your skin; if you have any concerns call your office.
- Some clients may experience an extensive build up, if so an additional Clear & Brilliant treatment or an Aqua Facial/ Dermaplane treatment may be needed.
- Advanced wrinkling cannot be reversed and a minimal improvement is predictable in persons with drug, alcohol and tobacco usage.

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