

POST BOTOX/DYSPOURT CARE

Your treatment will start to work in 2-7 days and peak in approximately 2 weeks. If additional injections are needed, these injections will not occur until 14 days after your initial treatment.

- You may experience tenderness or bruising at the injection site, Visible bumps for the first few hours following injections and/or a mild headache.
- Do not lay flat for 4 hours post treatment.
- Do not massage the treatment area.
- Avoid wearing a hat, headband or any other garment that may put pressure on the treatment region.
- Avoid heavy exercise for 24 hours following your injection.
- Leave the treated area alone for 4 hours.
- If you experience a headache, treat as a headache, you may take Tylenol (Advil/Motrin) may result in additional bruising.
- Avoid strenuous exercise for 4 hours after the procedure.
- You may apply Make-up after the procedure.
- You may apply cold compresses to the treatment sites to reduce swelling and bruising.
- We recommend a Vitamin K or Arnica cream to treat any bruising.
- Note that any bumps or marks from the extremely small needle sticks will go away within a few hours. If you do develop a bruise it will resolve like any other bruise. There is occasionally some mild pain, swelling, itching, or redness at the site of injection similar to most other injections. Redness may last for 1-2 days, rarely longer.
- Botox Cosmetic® is a temporary procedure. In most people the benefits of Botox last about 3-4 months. Sometimes a few wrinkles may start to return in 2-3 months. The effectiveness of Botox will last longer with successive treatments.
- Wait 12-14 days before touch up.
- You may cleanse your face normally, but do not massage the injected areas.
- Avoid using a Clarisonic brush and any abrasive exfoliants or scrubs the same day as your injection.
- You may use moisturizers or lotions the same day as your treatment.
- You should wait 2 weeks before receiving a chemical peel, photofacial or micro-dermabrasion
- If you need a touch-up, the cost will reflect the additional product cost.